

Culture Eats Strategy for Breakfast: Effective Practices and Tools to Change Culture

Speakers: Ellen Melis, Unlimited Potential
Theresa Humphrys, CHEO
Charles Leveque, The Ottawa Hospital

Moderator: Kelly Grimes

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CHLNet/LEADS Collaborative Webinar Series

Culture

- What is culture?
- Influencing Culture
- Culture Talk in Health Care
- Some Tools
 - OCAI Tool
 - Manchester Patient Safety Culture Assessment tool

What is Culture?

- “The way we do things around here”

Schein defines the culture of a group as “the accumulated shared learning of that group as it solves its problem or external adaptation and internal integration; which has worked well enough to be considered valid and, therefore, to be taught to new members as the correct way to perceive, think, feel, and behave in relation to those problems. This accumulated learning is a pattern or system of beliefs, values and behaviors that come to be taken for granted as basic assumptions and eventually drop out of awareness”

Schein, 2017



The ICEBERG Principle

Aware

BEHAVIOR/
Products/Practices

Not aware

VALUES

BELIEFS/
Assumptions

A word about organizational climate

- “The shared perception of and the meaning attached to the policies, practices and procedures employees experience and the behaviors they observe getting rewarded and that are supported and expected”

(B. Schneider et al., 2013, p. 362).

Two ways of seeing culture

An organization “*has*” culture

Quantify
and
compare

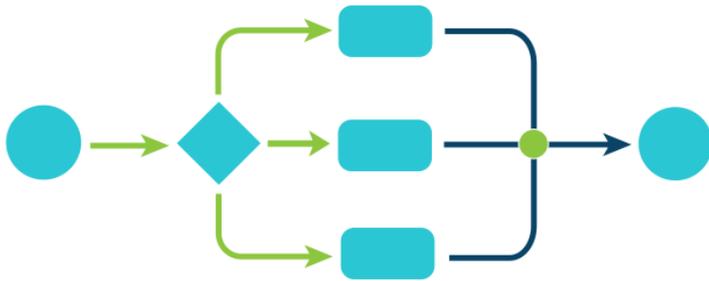
Organizations “*are*” cultures

Qualitative
descriptions

Alternatively:
Cultures are *emergent* in
organizations

Mixed
Methods

Influences on Organizational Culture



cul·ture
/'kəlCHər/

noun

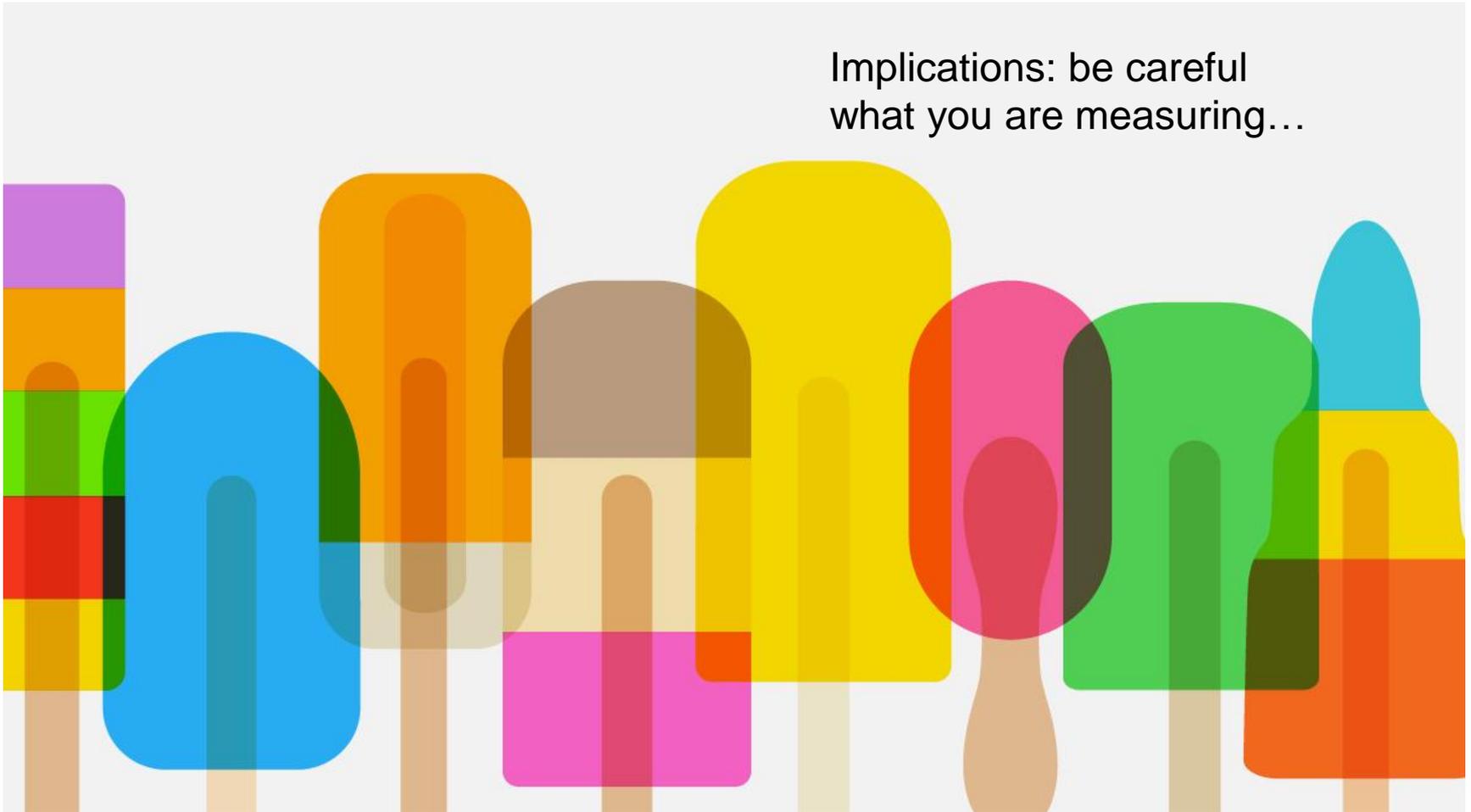


PUBLIC OPINION



Not just one culture

Implications: be careful
what you are measuring...



Culture Talk in Healthcare

**Culture of
excellence**

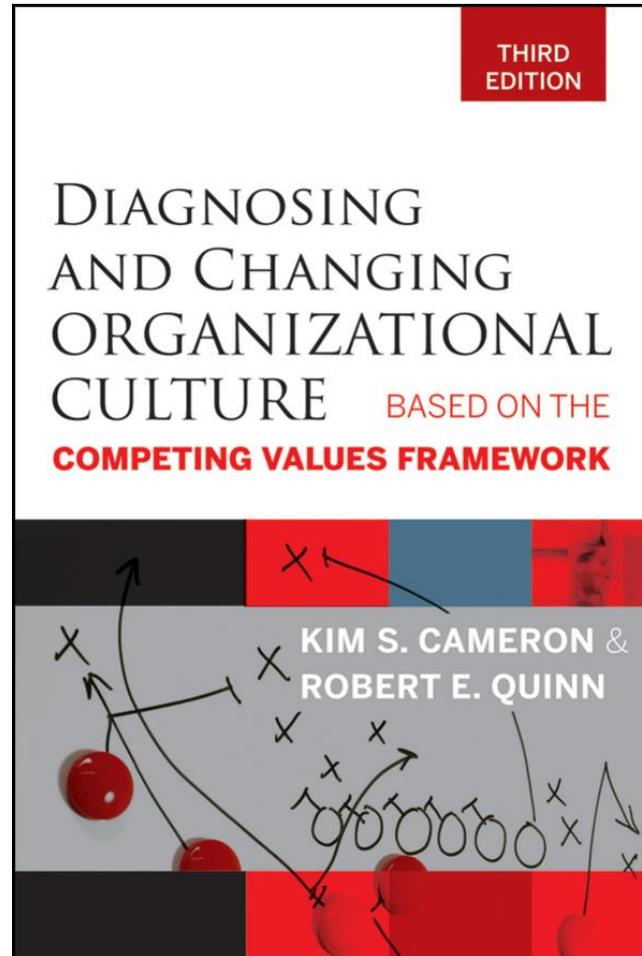
**Patient
Safety
Culture**

**Patient-
Centred
Culture**

**Learning
Culture**

**Just
Culture**

TheOCAITool (free)

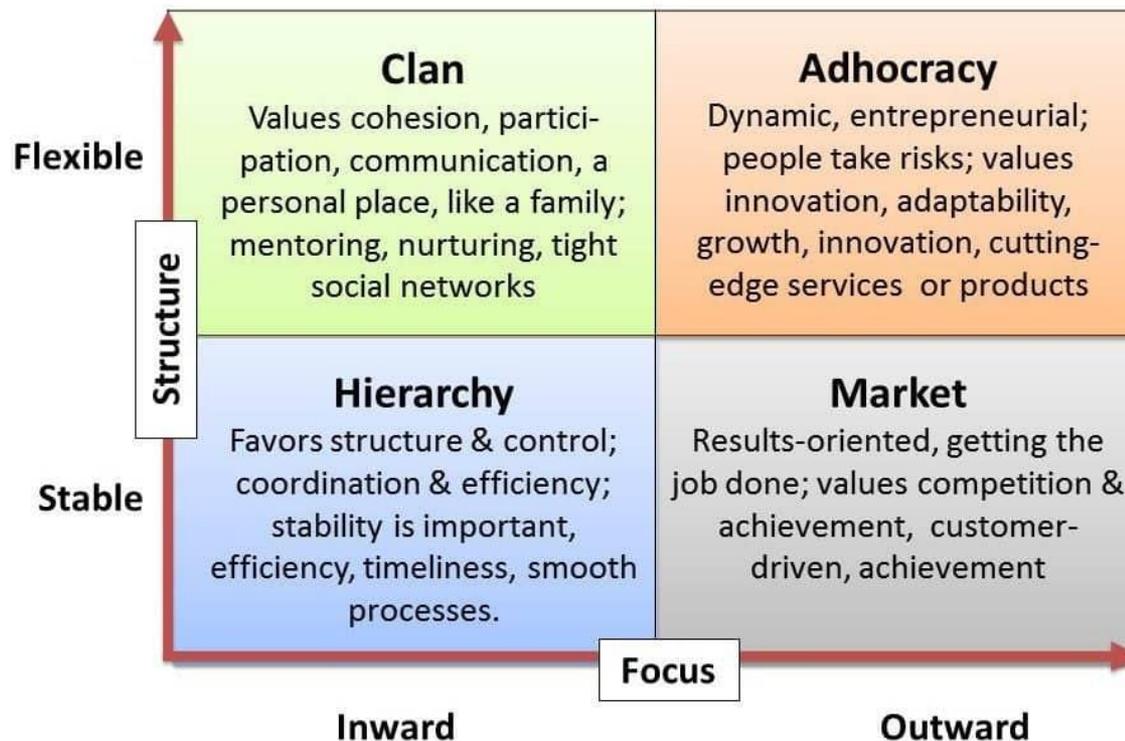


http://chlnet.ca/wp-content/uploads/survey_ocai_culture.pdf

Competing Values Framework (Cameron & Quinn, 1999)

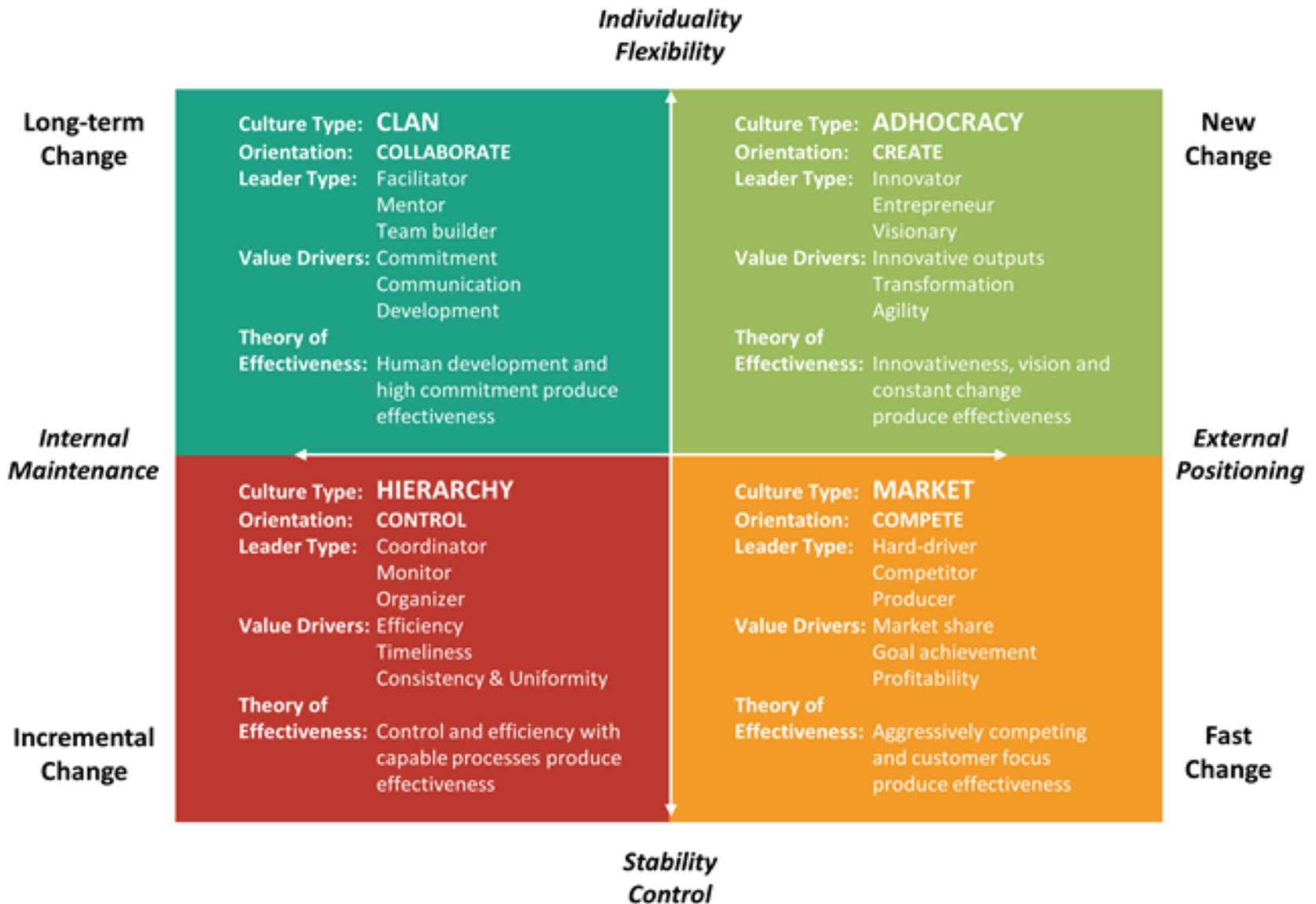
Collaborative

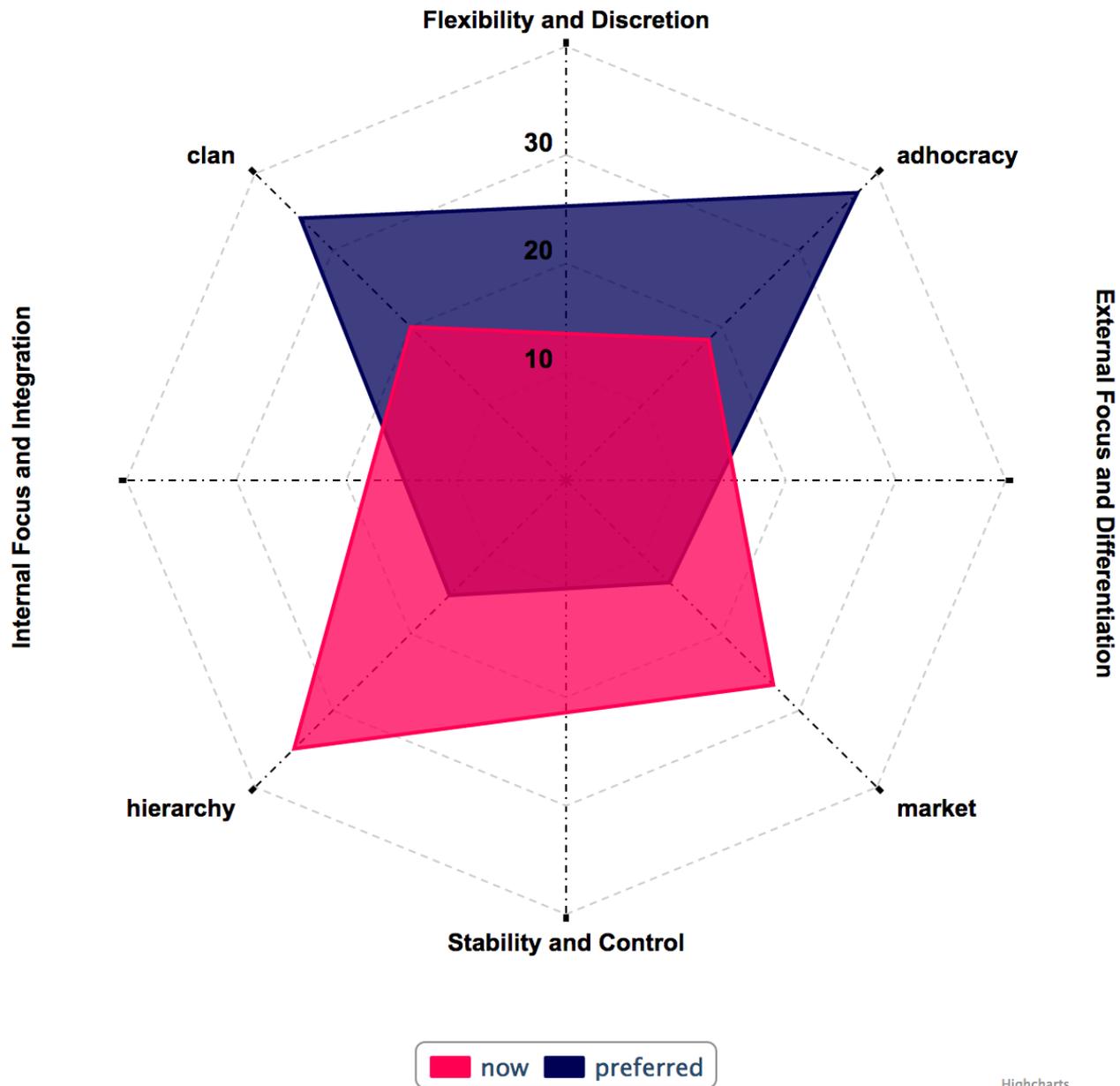
Innovative



Hierarchical

Client - Centred





Highcharts

Patient Safety Culture (free)

- Manchester Patient Safety Culture Assessment tool
 - Acute care
 - Ambulance
 - Primary care
 - Mental health

<http://www.nrls.npsa.nhs.uk/resources/?entryid45=59796> ssment Tool

9 Dimensions of Patient Safety Culture

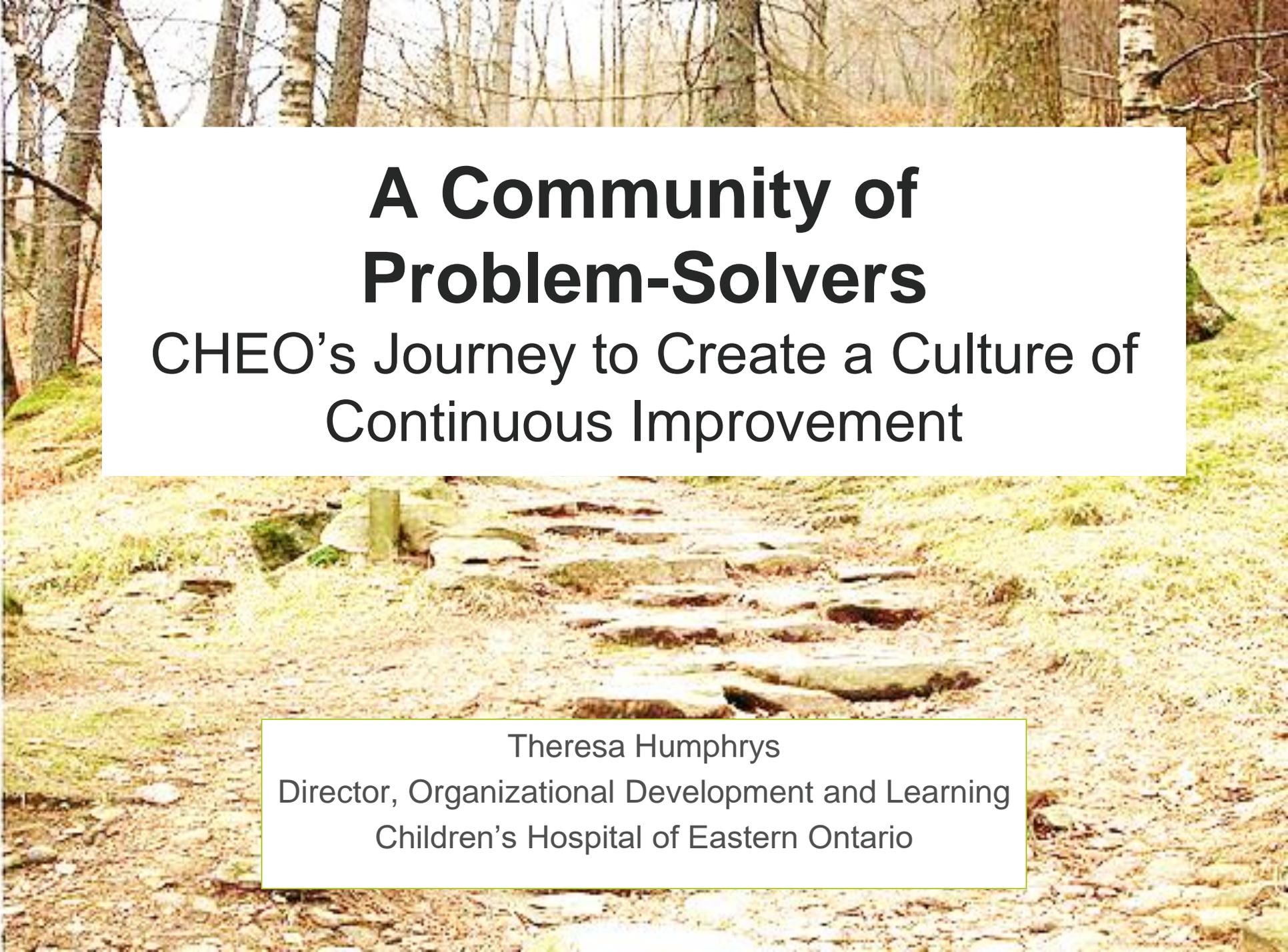
1. Overall commitment to quality
2. Priority given to patient safety
3. Perceptions of the causes of PSIs and their identification
4. Investigating patient safety incidents
5. Organizational learning following a patient safety incident
6. Communication about safety issues
7. Personnel management and safety issues
8. Staff education and training about safety issues
9. Team working around safety issues

Assessed at 5 levels

- A. Pathological
- B. Reactive
- C. Bureaucratic
- D. Proactive
- E. Generative

References

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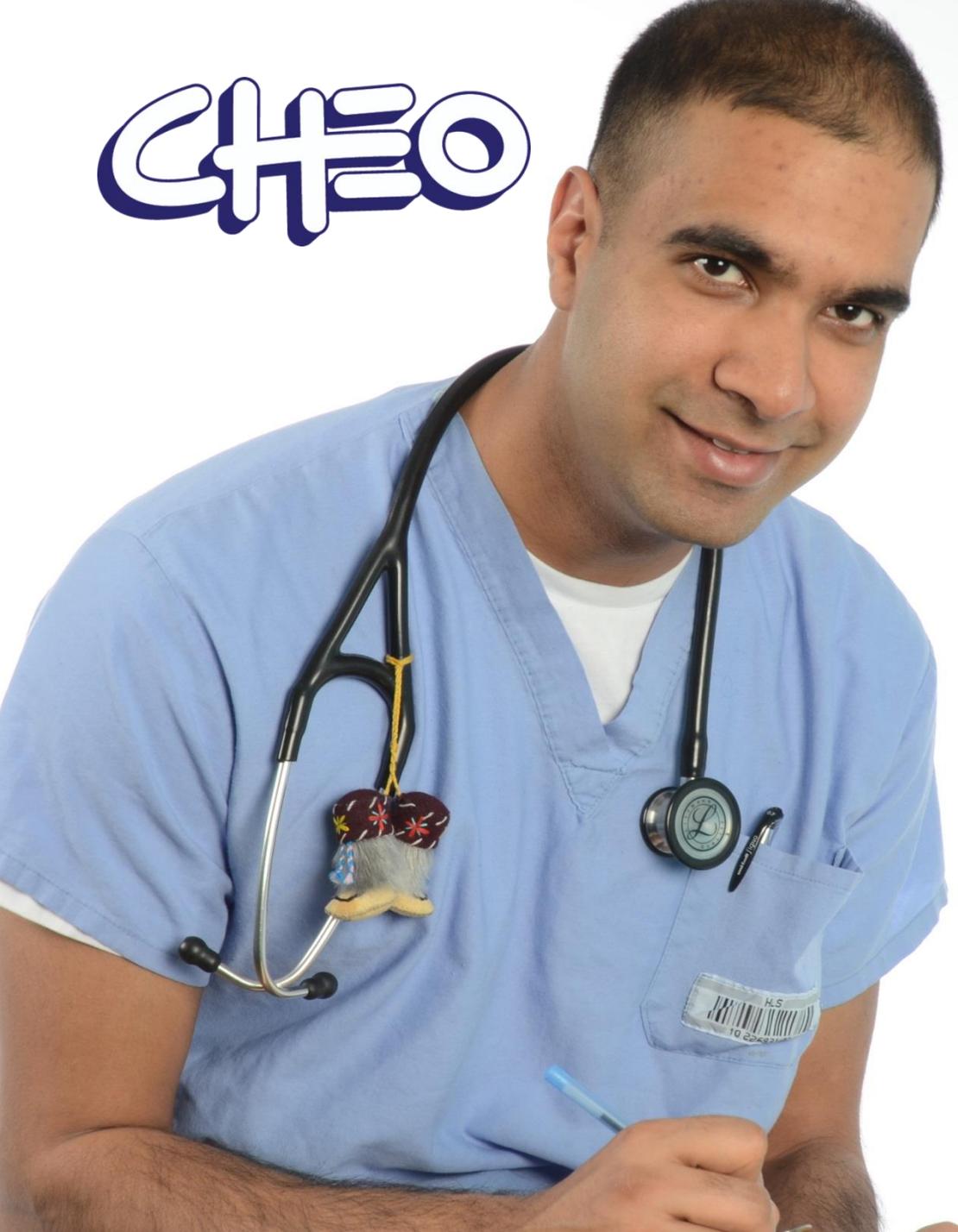
A photograph of a forest path with stone steps leading up a hillside. The path is made of large, flat stones and is surrounded by dry grass and fallen leaves. In the background, there are many trees with bare branches, suggesting an autumn or winter setting. The overall scene is a natural, outdoor environment.

A Community of Problem-Solvers

**CHEO's Journey to Create a Culture of
Continuous Improvement**

Theresa Humphrys

Director, Organizational Development and Learning
Children's Hospital of Eastern Ontario



- One of only a few stand-alone pediatric hospitals in Canada
- Helps more than 500,000 kids each year
- \$230 million in annual revenues
- More than 2,500 staff & physicians
- Educates 2,300 future pediatricians, nurses & health professionals each year
- Houses significant provincial and regional programs



**Our plan to
change the
way health
care is
provided to
children and
youth in our
region.**



Mission

We help kids and families be their healthiest



Vision

Our care will change young lives in our community; our innovation will change young lives around the world.



We solve problems every day....



So what needs to change?



Sometimes, to *best* care for the patient in front of you... you cannot *only* care about the patient in front of you

Really good...



...to really great



Expressed in terms of LEADS Competencies...





Creating a language for this change



A culture where everyone is engaged, empowered and supported to:





Applying the Competing Values Framework

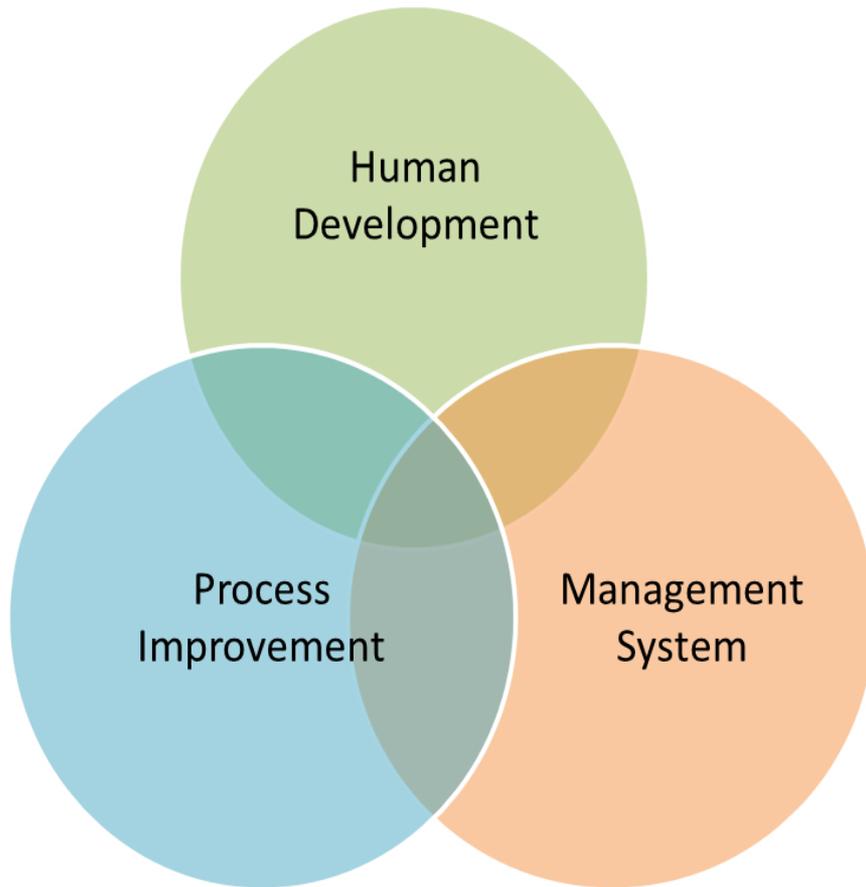
		Flexibility			
Internal Focus	Continuously learn & collaborate; develop skills and capacity to effectively manage, lead change and improve	Empower everyone to identify and sustainably solve problems & eliminate waste		External Focus	
	Improve & standardize processes to deliver greater value, working with children, youth & families	Focus and align our work efforts to achieve our most important outcomes			
		Stability and Control			



CHEOworks Principles

1. Continuously making small improvements that add up for big impact
2. Respect for people, frontline wisdom
3. Leaders act as coaches rather than bosses
4. Reduce waste and increase value
5. Root in our core purpose: patients & families





The Management System:

All aspects of the way we manage our operational areas, how we foster a collaborative working environment and what tools do we employ to ensure that all staff are involved in an effective workplace

The Improvement System:

This is how we problem solve and make improvements, the tools and techniques we employ to make CHEO a more effective provider of patient care.

The Human Development System:

We will provide training and coaching to ensure that our leaders are modelling and are effective operators in this new collaborative work place. There are skills that need to be created and improved in order to achieve the benefits of CHEOworks that will have to become part of the cultural norms in the work place



Key Behaviors to Change:

From

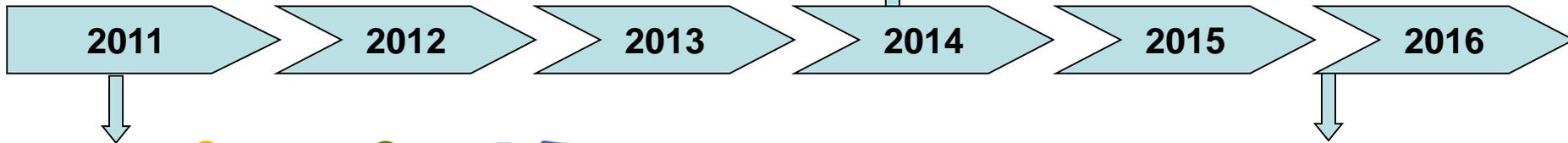
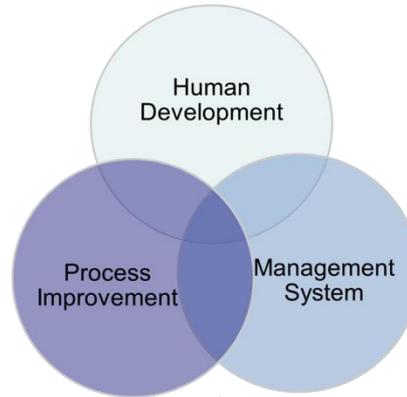
- Do it all
- Hide problems
- Quickly workaroud issues
- Reactive
- Intuition
- Info flows difficulty
- Top down control
- Training not aligned
- Some staff/MD's
- Short term thinking
- Get it done – heroic

To

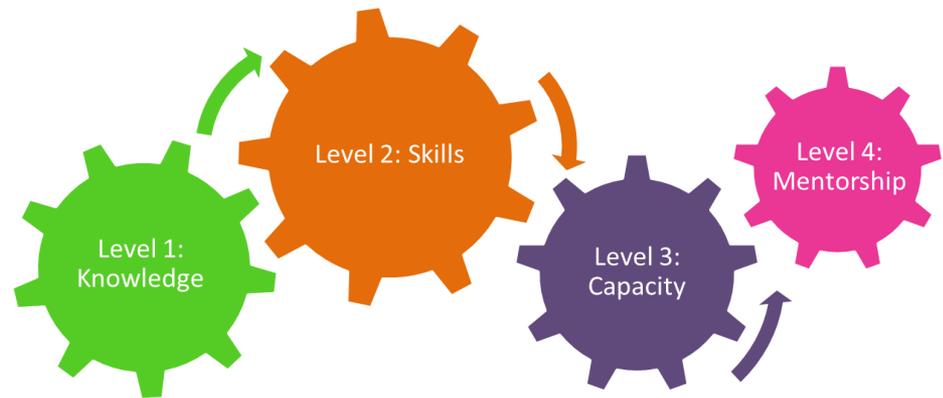
- Alignment and focus
- Expose problems
- Get to root – truly improve
- Proactive with rigor
- Evidence based DM
- Info flows smoothly
- Local decision making
- Structured development
- Engaging all
- Long term thinking
- Appreciation for standards and process



CHEOWorks Evolution (the journey continues)



-Thedacare Lean Management System. Appleton, Wisconsin



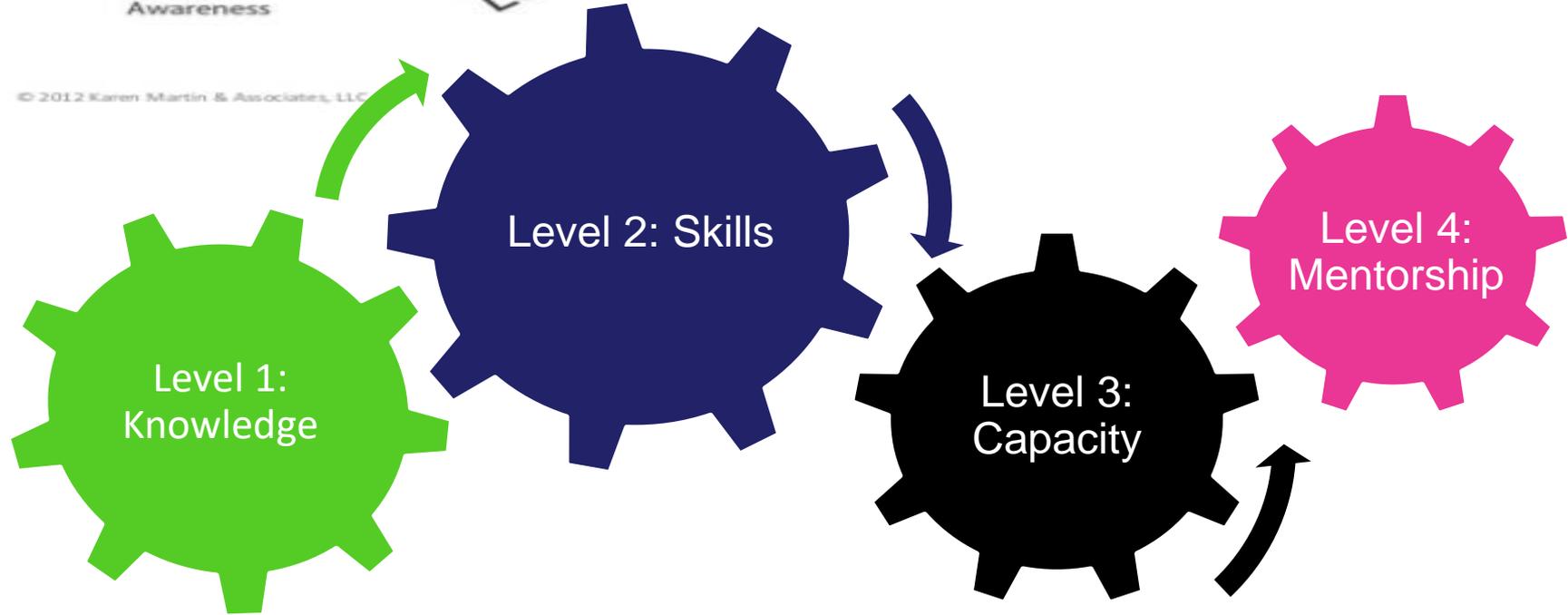


Building Mastery

Pathway

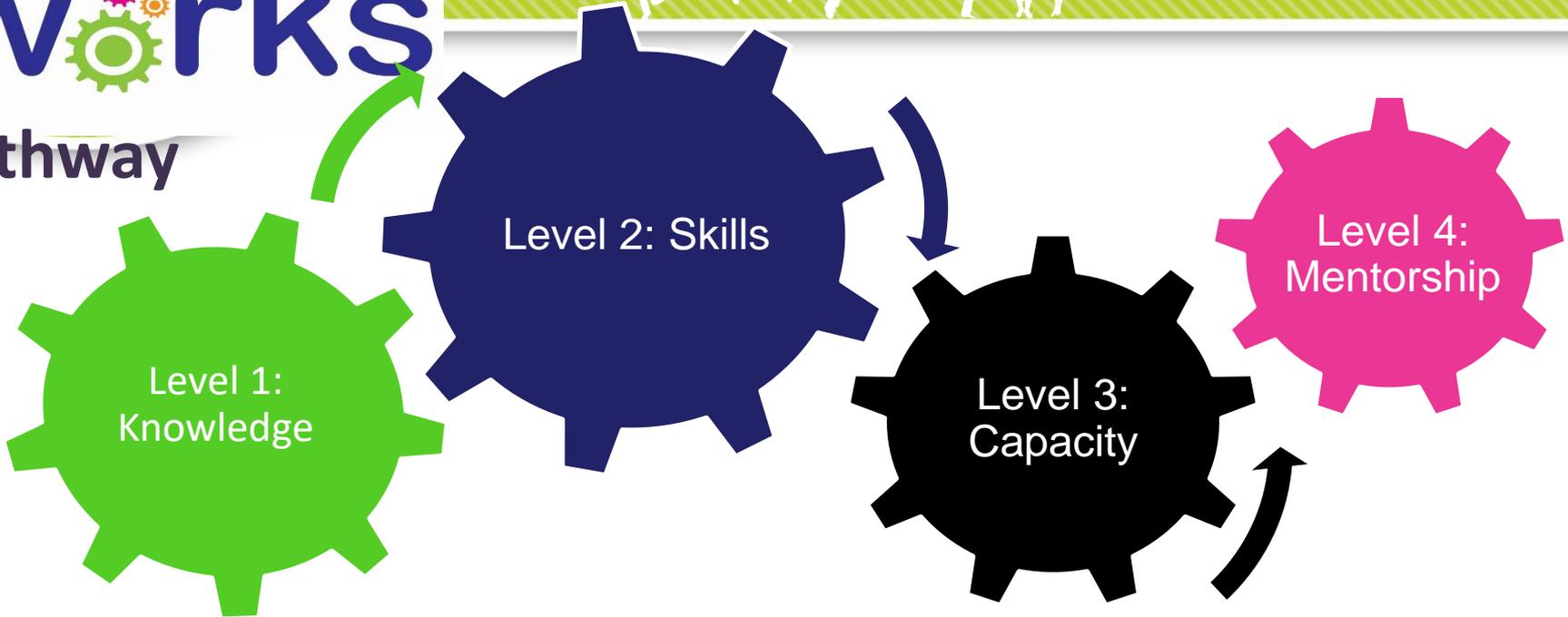


© 2012 Karen Martin & Associates, LLC





Pathway



Level 1: Knowledge	Level 2: Skills	Level 3: Capacity	Level 4: Mentorship
<p>We understand why we need to continuously improve</p>	<p>We understand our priorities for change and engage the frontline to make small changes</p>	<p>We make bigger changes to achieve and sustain results</p>	<p>We mentor, we coach, we lead</p>
<ul style="list-style-type: none"> • Know CHEOnext goals • Know key concepts • Be open to improvement 	<ul style="list-style-type: none"> • Align to CHEOnext goals • Build skills for improvement • Leaders are coaches 	<ul style="list-style-type: none"> • Enhance skills for improvement • Manage by process • Complete larger improvements and achieve results 	<ul style="list-style-type: none"> • Mentor and coach others • Use advanced improvement tools and data analysis • Proactively identify risk



CHEOworks Education



Knowledge

Everyone:

- Complete the e-learning Module
(20 mins)

Leaders:

- Host a CHEOworks 101 session with your team.
(30 mins)



Skills

Everyone:

- Join or lead BLTs (brief learning talks) at huddle or team meeting
(15 mins each)

Leaders:

- Attend the "brown bag" leadership series; learn to lead your own education sessions!
(30 mins each)
- Participate in the "Leaders as Coaches" session(s) in the fall.
(1-2 Days)



Capacity

Everyone:

- Join or lead BLTs (brief learning talks) at huddle or team meeting
(15 mins each)

- Participate in one of 4 Yellow Belt Workshops this year.
(2.5 days)

Leaders:

- Participate in Leadership Development aligned with LEADS framework.



Mentorship

Individuals or Leaders in Key Roles:

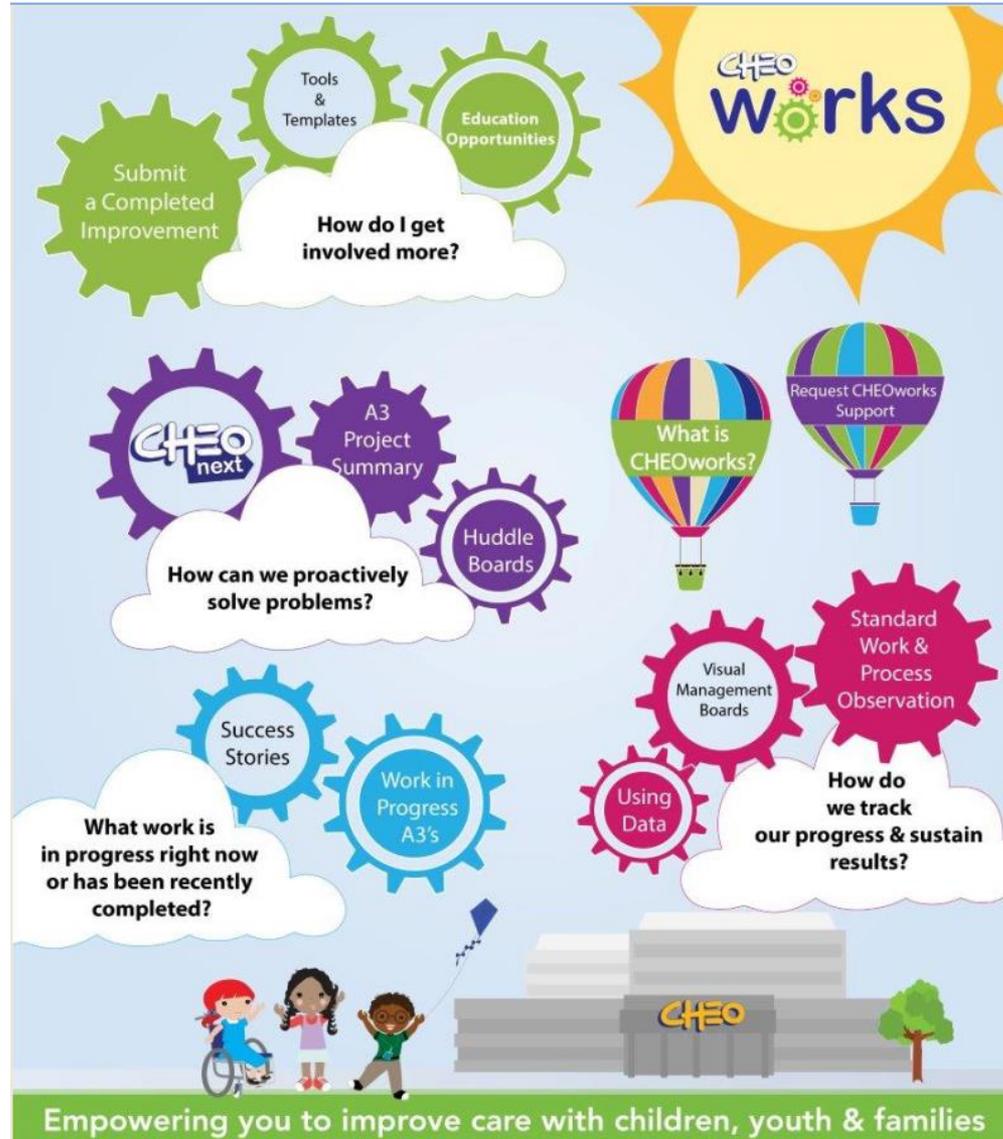
- Green Belt Training
(5 days)

More to come!

QIT and ODL team members can be available upon request.



Centralized access



Improvement Zone

View published



The Latest

THERE IS NO PLACE TO DOCUMENT ACHIEVEMENTS FOR THE QIT STAFF

Department or Unit:
People, Strategy and Performance
CHEOnext Goal: Improvements Made

A MODIFIED HUDDLE BOARD PROCESS IS NEEDED TO REDUCE CONFUSION AND CLUTTER

Department or Unit:
People, Strategy and Performance
CHEOnext Goal: Improvements Made

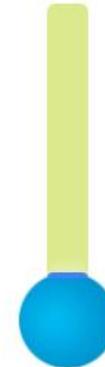
WHEN STAFF ARE AWAY FROM THE OFFICE FOR ANY REASON THEY NEED TO BE PROPERLY CODED IN THE

HUDDLE FACILITATION WAS INCONSISTENT ACROSS DIFFERENT HUDDLES

Add an Improvement >

☆ Improvement Meter

2500



We've completed 28 of 2500 improvements (%1)

Search Improvements >

☆ Just Because



Incorporating “Gamification” to Engage Teams

MOMENTUM BOARD

Watson, Bob

Total 31



Lacroix, Catherine

Total 26



Bissonnette, Mathieu

Total 22



Legend

Badge	Total
Hidden Dragon	100
Pirate Warrior	75
Kung Fu Panda	50
Shogun	30
Sumo	20
Ninja Rabbit	15
Monkey King	10
Crouching Tiger	5
Grasshopper	3



Lessons learned

- **Without a plan to sustain, even good solutions can fail** – need to increase focus on plan to sustain solutions
- **Data for decision making needs to be accurate, timely, and answer the right questions** – we are working on our organizational capacity to collect, analyze and interpret the right data for decision making
- **Important to communicate during change** – many different stakeholders can mean many different means of communication.
- **Stakeholder “voice” tells us what is important to them** – we are increasingly emphasizing the importance of identifying all stakeholders and understanding value from their perspective
- **Develop internal capacity** for QI work through Fellowship program



Lessons learned – Cont'd

- **Importance of collaborative leadership** for quality improvement program from both medical and administrative leaders.
- **It is ineffective and exhausting to focus on many things at a time** – even though we are seeing better alignment to strategy, we need to get better at prioritizing, and doing only a few things at a time to see faster and more effective results, with less fatigue.
- **Coaching, not doing** – to improve frontline capacity for improvement and problem solving, we are seeing more gains through coaching, rather than doing the work ourselves. The best solutions come from the frontline, as the knowledge is greatest where the work is done.
- **Don't create haves and have nots** – rolling the improvement program to only a few units created a sense of an “in-crowd”. We are now shifting to an organization-wide approach that is more inclusive.

So YOU have been asked to Lead a Culture Change –

Three Traps and an Escape Route

Speakers: Charles Leveque, The Ottawa Hospital

Culture Change Initiatives

Healthcare is offered a wide range of culture change initiatives designed to improve our processes, our performance, our outcomes

Epic

Cerner



The Just Culture
COMMUNITY



TeamSTEPPS[®]
Team Strategies & Tools to Enhance Performance & Patient Safety



Children's Hospitals'
Solutions for
Patient Safety
Every patient. Every day.



StuderGroup[®]
a Huron Healthcare solution

CHLNet
Canadian Health Leadership Network
Le Réseau canadien pour le leadership en santé



Methodologies

Many Programs ...

Many Change Methodologies ...

All based on successful implementations

Yet still:

70% of change initiatives fail*

*Technically there is no evidence to support this statistic (Mark Hughes 2011)



Three Traps to Watch for around Culture Change in the Workplace

Trap # 1

Training Leads to Culture Change



Reality

Training, Learning and Education have a
Small Impact on organizational Culture
Change

(M. Beer, et al , HBR October 2016)

Culture Pushes Back



Effective Training

To affect Culture Change you have to:

- Train the right people
- On the right things

Trap # 2

**Change their Attitude
and you
Change their Behaviour**



Reality

Problem A

- Data does not support the ability to change attitudes once they are in place

Problem B

- Attitude is an astonishingly weak predictor of behaviour

(Mark Zanna, 2012)

Weber's 5 Step Model of Behaviour Acquisition

1. Watch the behaviour of high status others
2. Practice the behaviours you have observed
3. Habituate the behaviours you practice
4. Calcify the behaviours
5. Enter a new situation

(Mark Weber, 2018)

Result

To Change Behaviours and Attitudes you need to change the Situation

Leader's Role

Leaders are critically important in change but not for the reason they think they are

Leaders Enable Change

Leaders create the conditions where individuals can self-motivate for change

- Find and encourage awesome people
- Give them a sense of direction
- Fade into the background to remove obstacles/find resources for them

- (Mark Weber, 2018)

Trap # 3

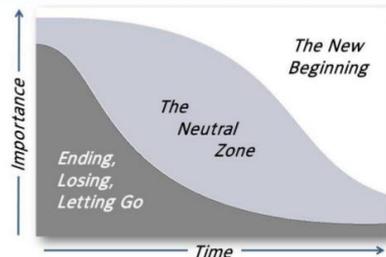
**You have to Convince All of your
Employees to be Successful**



Reality

- It's not about changing everyone
- It's about finding and supporting those who will help everyone else through the “Transition”

Transition Model – William Bridges



<http://injoeboe.wordpress.com/2011/04/27/transitions/>

(William Bridges, *Managing Transitions*, 1991)

Engage with the Right People

3% of your Team
Provide
85% of the Energy
Positive or Negative

(Richard Santos Lalleman, Innovisor)

Find your 3 %

- Identify your key influencers (3%)
 - *Both Positive and Negative*
- Engage with them directly
- Share your vision and listen to them

Conversation is the Smallest Unit of Change

Our Escape Route

Now that we know the traps
we can (hopefully)
avoid them



Dr. Bevan's 4 key skills

- Start with Yourself
- Build Alliances
- Engage with Others to think about the Change
- Don't be a Martyr if you don't get the outcomes

(Dr. Helen Bevan, Chief Transformation Officer, Horizons Group, NHS, UK)

Links to LEADS

- Start with Yourself  • Leads Self
- Build Alliances  • Develop Coalitions
- Engage with Others to think about the Change  • Engage Others
- Don't be a Martyr if you don't get the outcomes  • Achieve Results

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<https://www.questionpro.com/t/ALRx1ZT0K7>

